

LEGO-BASED THERAPY

FACILITATOR TRAINING



Social Skills Training for those on the Autism Spectrum

LEGO-Based Therapy is an evidence based social skills programme for individuals on the autism spectrum. The programme was originally developed by Clinical Psychologist Daniel Le Goff (2004) in the United States. Past research has shown that school-aged children and adolescents who attended LEGO-Based Therapy made significant improvement in their social skills (Owens et al., 2008) and anxiety (Nguyen 2016).

The reason behind the success is that LEGO-Based Therapy is using children's own natural interests in LEGO to promote development of social communication and play. Sessions are highly structured, and rule governed with each participant having a specific role (builder, helper, engineer) and facilitated by a trained facilitator. LEGO-Based Therapy has been applied to a variety of settings, including clinics, education, and community.

The trainer will introduce delegates to the background of LEGO-Based Therapy and how to run LEGO-Based Therapy for individuals on the autism spectrum.



Dr. Camilla Nguyen has more than 10 years experience working with individuals on the autism spectrum across community, mental health, educational and research settings. She has particular interest in the area of sex differences in autism, and in promoting evidence based social skills group practice. In 2016, Camilla completed her doctoral thesis on LEGO-Based Therapy with high functioning children and adolescents within a community setting. She was supervised by Professor Simon Cohen, Autism Research Centre, Cambridgeshire, UK and trained by Dr Gina de la Cuesta to deliver LEGO-Based Therapy for individuals with autism. Both Baron-Cohen and de la Cuesta are pioneers in this area and developed the LEGO-Therapy based manual.

Who Should Attend:

- Psychologists
- Counsellors
- Teachers
- Speech Therapists
- Clinical and Allied Staff
- Teaching Assistants
- Key Workers
- SENCOS
- Occupational Therapists
- Language Therapists

Price

Earlybird Special - \$220.00 + GST
Standard Price - \$275.00 + GST

Note: Earlybird finishes 23 August

Dates & Locations

AUCKLAND	HAWKE'S BAY	WELLINGTON	CHRISTCHURCH
Tuesday, 10 September	Monday, 16 September	Tuesday, 15 October	Wednesday, 16 October
Venue:	Venue:	Venue:	Venue:
Potters Park Event Centre	Ellwood Function Centre	St Andrew's on the Terrace	Ibis Hotel Christchurch

To book, go to:
www.grow.co.nz/page/lego-therapy/
or phone on: 06 878 3456

