

Why Zero Suicide?

1.5%

die by suicide

10%

attempt suicide

35%

have serious suicidal ideation

16%

of preventable life years lost

2/3

have seen specialist mental health services

1/2

are under care

most

are receiving extended care  
for chronic mental illness(s)



# Services can change

UK suicide prevention guidelines

Magellan Healthcare Maricopa County

Henry Ford Health System

Suicide attempt survivors

10-18 years

reduced life expectancy

most

are seen by specialist services

12%

will die by suicide over an extended period

50%

of suicide deaths

# interventions

are effective

Psychosocial therapy reduces suicide deaths by 25% and all cause deaths by 30% over an extended period

Basic psychiatric follow up was associated with dramatic reductions in suicide over a 12 month period

# Why Zero Suicide?

Major adverse impact

Ultimately preventable

Specialist services play a major role

We have a lot to learn