



Integrating Lived Experience Into Our Practice

Activating Hope builds upon the lived experience of people who have been through suicidal struggles to help others and prevent future suicidal behaviour. It is a rapid-implementation approach to expanding and integrating the value of lived experience of suicide within organisations, systems, and communities.

This innovative and change-making two-day workshop will assist organisations/communities in their goals for a) including, b) expanding and c) integrating lived experience in their organisations and communities. It is designed purely to give reality to the aspiration of both organisations and those with lived experience to bring about change in how services are developed and delivered with the active involvement of the lived-experience community. By building stronger, more resilient communities to support those experiencing mental health challenges, but it will recognise the incredible value that those with lived experience can bring to this work



Eduardo Vega has worked as a leader in advocacy and transformative behavioural health programs and practices internationally. This has included providing technical assistance, research and training projects, and major policy initiatives in suicide prevention, stigma and discrimination reduction, consumer rights and empowerment, community integration, self-help and peer support services. A person with lived experience of suicide and a consumer advocate himself, he helped found the Destination Dignity! Project, United Suicide Survivors International and other transformative initiatives.

Date & Location

WELLINGTON
Two Day Workshop:
Monday 29 July 2019 &
Tuesday 30 July 2019

Brentwood Hotel
16 Kemp St, Kilbirnie, Wellington

Investment

Govt. Agencies and Corporates: \$350 + GST
Not-for-Profits: \$300 + GST
Lived-Experience or Unemployed: \$250 + GST

If you are sending 4 or more delegates
email us to get a discounted rate.

Scholarships Available

Wanting to attend this workshop but struggling with the cost?
The Mental Health Foundation and GROW invite scholarship applications from individuals with 'lived experience of mental distress' or those who identify as Māori, Pacific, LGBTQ+ who are working within mental health, education, justice or social service settings. Please email feona@grow.co.nz with why you are seeking a scholarship, and include a contact number in your email.

To book, go to:
www.grow.co.nz/page/activating-hope/