

SOLUTION FOCUSED SUICIDE PREVENTION

TESTIMONIALS, FEEDBACK AND ENDORSEMENTS

WHAT TRAINEES ON SUICIDE PREVENTION WORKSHOPS HAVE SAID:

“After these 2 intensive days training, my fear factor in working with the suicidal, has all but vanished.”

- Paula Clarke,
Plymouth,
UK

“John Henden puts it over in such an easy-to-learn style. I have taken away so much; thank you.”

- Kok Ju Heng,
Singapore

“It was good to see how the many basic solution focused tools & techniques can be applied to the suicidal client. I found the specialised SF techniques both interesting and easy to apply, too.”

- Pekka
Sihvola,
Finland

“I didn’t, for one moment, think that such a grim subject could be made so enjoyable. How wrong I was!”

- Alex
Sanderson,
Perth, WA

WHAT SUICIDAL CLIENTS HAVE SAID, AFTER RECEIVING HELP

“That graveyard question turned it around for me. I can now look to the future with fresh eyes.” - “Jill”

“I didn’t think I’d survive this crisis in my life. My suicidal thoughts and feelings have now gone – I hope, forever!” - “Christen”

“At the beginning, I did not believe that after 3 sessions over 5 weeks, I would feel so different.” - “Peter”

“You listened to me; heard my pain; got some communication going; understood my life crisis; and, I don’t know how you did it!, but you helped me turn things around completely. I am so grateful.” - Sally

“Unlike my family, friends and the doctors, you didn’t try to take away my suicide option. By lining up other options alongside it, you gave me choice. I valued that.” - Alana

WHAT PROFESSIONALS HAVE SAID ABOUT THE BOOK

“A vital tool in helping students and therapists bring solution-focused approaches to their work with people who are finding it hard to see the point of carrying on with life.”

- Harry
Proctor,
Clinical
Psychologist

“Includes excellent ‘how to do it’ case studies as well as practical exercises for the therapist to use; and, diagrams to assist communication and understanding within the sessions. I do not hesitate to recommend this book to all workers, since anyone in the helping professions may encounter these issues in practice.”

- Alasdair
Macdonald,
Consultant
Psychiatrist

“This is a life-saving instructional handbook for counsellors, therapists, general practitioners, psychiatrists, psychologists and other mental health workers who come into contact with people who are suicidal. Whilst written for practitioners, it will also be of great benefit to academics who teach students how to be effective with such clients.”

- John Wiley &
Sons,
Publisher

“This is a first; a book on how to intervene effectively with people who are seriously considering suicide, and a much-needed addition to the Solution Focused literature. It can be used by both professionals, and individuals who may be contemplating suicide, their friends and family members. John’s successes in this area speak for themselves. Over the past 15 years spent developing his ideas, many health care professionals and former clients have come forward to attest to the value of his approach. And, more importantly, many lives have been saved.”

- Barry
Winbolt,
Trainer &
Consultant

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